

SOLSTICI

CUINA MEDITERRANEA I DE MERCAT

FOOD MENU

Breakfast - 10:00-12,30

Fried eggs with bacon, tomato, toast 🍳🥓	7,5	Sandwiches (Costa Brava, Seranito, Potent) 🍷🍷 6,5
Huevos fritos con bacon, tomate y pan tostado		Bocadillos (Costa Brava, Seranito, Potent)
Scrambled eggs, jamon, toast 🍳🥓	7,5	Smoothie Banana and Forest fruits 7,5
Huevos revueltos con jamón y pan tostado		Smoothie Banana y frutas del bosque
Omelette served with tomatoes and toast 🍳🥓	7	Smoothie Orange and Passion fruit 7,5
Tortilla a la francesa al plato con pan tostado y tomate		Smoothie Naranja y fruta de la pasión
English Breakfast 🍳🥓	8,5	Fresh orange/ pink grapefruit juice 6,5
		Zumo de naranja/pomelo rosado

Starter & to share

Platter of mixed fried small fish and sea food 🐟	63	White cod meatbolls 🐟🍷🍷🍷🍷 8,99
Plato de mix de pescados fritos y mariscos pequeños		Buñuelos de bacalao
Pickled anchovie 🐟	6,9	Fried Squids in andalusian style 🐟🍷🍷🍷🍷 17,5
Boquerones en vinagre		Calamar a l'Andaluza
Cubed fried potatoes with spiced sauce	9,5	Fried baby cuttlefish 🐟🍷🍷🍷🍷 17
Patatas bravas		Xipirones
Traditional croquetes 🍷🍷🍷🍷 8,75		Garlic shrimp: shrimp tail with garlic sauce, 17,5
Croquetas de jamón, espinacas o pollo		toasted bread 🍷🍷🍷🍷
		Gamba al ajillo: cola de gamba langostinera con salsa al ajillo, pan tostado
Nachos with guacamole and cheddar cheese 🍷🍷 8,90		Chicken fingers with tartar sauce 🍷🍷🍷🍷 9,75
Nachos con guacamole y queso cheddar		Tiras de pollo marinado rebozado con salsa tártara

Kids Menu

Fish and Chips 🍷🍷🍷🍷 12,5		Penne Bolognesa 🍷🍷🍷🍷 12,5
Fish and Chips		Macarrones Bolognesa
Spaghetti Carbonara 🍷🍷 12,5		Chicken scallop with potatoes 17,5
Espaguetis frescos a la Carbonara con yema de huevo		Escalopa de pollo con patatas



Salads

Solstici Salad: lettuce, cherry tomatoes, mussels, shrimp, surimi, mango 16		Tuna salad with tomato, onion and tuna 🐟 14
Ensalada Solstici: lechuga, tomates cherry, mejillones, gambas, surimi, mango		Ensalada de ventresca, tomate, cebolla y atún
Greek salad with tomato, pepper, feta cheese, onion, olives and oregano 14		Fried Brie cheese salad with lettuce, breaded brie, orange, peppers, tomato jam and vinaigrette 14
Ensalada griega, tomate, pimiento, queso feta, cebolla, aceitunas y orégano		Ensalda de queso Brie, lechuga, Brie rebozado, naranja, pipas, mermelada de tomate y vinagreta 🍷🍷🍷🍷
Avocado Salad with lettuce, sherry, avocado, peppers, shrimp, mustard vinaigrette 🍷🍷 14		
Ensalada de Aguacate, lechuga, xerri, aguacate, pipas, gambas, vinagreta de mostaza		

Fish 🐟🦐

- Baked fish of the day with garnish

Pescado del dia con guarnición al horno
- Grilled sea bass with vegetables and potatoes 🐟🦐

Lubina a la plancha con verdura y patatas
- Fried anchovies 🐟🍷

Boquerones fritos
- Fried baby squids 🦑🍷

Chipirones fritos
- Grilled monkfish with vegestables 🐟🥬🍷

Rape a la plancha con verdura

- Consult

Grilled cuttlefish with garnish 🦑

Sepia de la plancha con guarnición

22
- 24

Grilled sardinas with lemon 🐟

Sardinas a la plancha

16
- 15.5

Grilled sea bream with baked potatoes and vegetables

Dorada a la plancha con patatas panadera y verduras

24
- 17

Grilled sole fish with vegetables 🐟

Lenguado a la plancha

26
- 26

Grilled octoupus with mashed potatoes 🦑

Pulpo a la plancha

25

Seafood 🦐🦑

- Grilled razor clams

Navajas a la plancha
- Oysters 6 pcs

Ostras 6 unidades

- 21

Grilled prawns

Gambas a la plancha

35
- 35

Mussels marinera

Mejillones a la marinera

18,5



Paellas (price/pers. min 2 pers)

- Special rice broth with lobster

Arroz caldoso con bogavante
- Seafood paella

Paella de marisco

- 35

Black seafood Paella with squid ink

Arroz negro

24,5
- 24.5

Seafood special Noodles

Fideua de marisco

22

Meats

- Beef sirlion served with mashed potato and smoked olive oil

Solomillo de vacacon sal maldon y aceite de oliva ahumado y parmentier de patata
- Soltici Burger: artisan burger, lettuce, cucumber, tomato, fresh onion and mayonnaise 🥬🍅🥒

Hamburguesa Soltici hamburguesa artesana, lechuga, pepinillo, tomate, cebolla fresca, queso y mayonesa
- Hamburguesa Texana: artesana Angus, bacó, enciam, cogombret, tomàquet, ceba caramel·litzada, formatge, maionesa 🍷🍷🍷

Hamburgesa Tejana: artesana Angus, bacon, lechuga, pepinillo, tomate, cebolla caramelizada, queso, mayonesa

- 28

PoPburguer: Grilled octopus, mustard and lime sauce, served with fried squid and lemon 🦑🍷🥬🍅🥒🍷

Pulpo a la plancha, salsa de mostaza y lima, servido con fritos de calamar y limón

23,5
- 18

Quinoa Burger, quinoa burger, sautéed vegetables and tartar sauce 🍷🍷

Hamburgesa Quinoa hamburguesa de quinoa, verduritas salteadas y salsa tartara

13,50
- 17

Crispy chicken, crispy chicken burger, lettuce, tomato and tartar sauce 🍷

Pollo Crispy hamburguesa de pollo crujiente, lechuga, tomate, salsa tartara

14,5

